

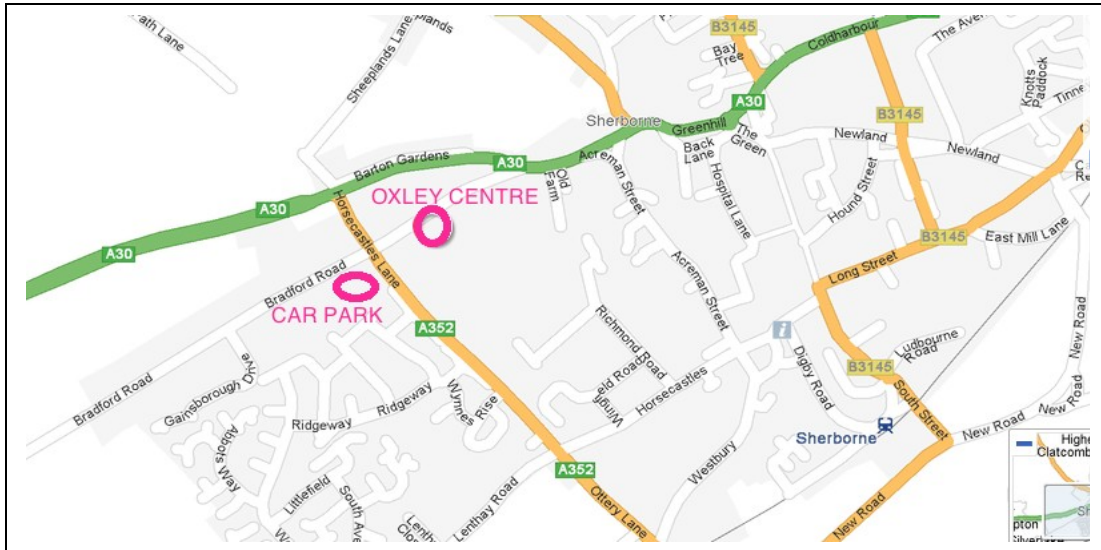


Oxley Sprint Triathlon 2011

Sunday 28th August 2011 at Oxley Sports Centre, Sherborne

Venue

Oxley Sports Centre, Bradford Road, Sherborne, Dorset, [DT9 3DA](#) Tel: 01935 818270



PLEASE DO NOT PARK IN THE OXLEY CENTRE CAR PARK.

Race HQ & Information Point

The Race HQ and information point will be located in the sports hall within the sports centre. You will need to register at race HQ on arrival, before you rack your bike in the transition area. THERE WILL BE NO RACE BRIEFING BEFORE THE START OF THE RACE. YOU MUST READ THE INFORMATION BOARD FOR ANY DETAILS ON LAST MINUTE CHANGES TO THE COURSE OR SAFETY INFORMATION. A help desk will be located at the information point for any last minute questions! No amendments can be made to any race entries.

Facilities

Changing facilities, toilets and showers are available at the centre for your use. £1 coins are needed for the lockers. Facilities are limited so please allow plenty of time. Hot and cold drinks, cakes and snacks will be available to purchase from the refreshment stall in the sports hall, for competitors and spectators. No dogs permitted on the grounds of the school or sports centre.

Race Instructions

Registration

Registration will be located in the sports hall within the Centre from 06:00 - 08:30. You will need to register on arrival, before you rack your bike in the transition area. Please bring your current BTF card if you are a member or you will be charged an extra £5 for a Day License. You will be issued with two numbers which must be displayed on your back for the bike ride and front for the run. The numbers are designed to stick directly to your clothing. You will also be issued with 2 numbered sticky labels, one for your helmet and the other to be attached to your bike frame. **Your timing chip must be secured around your left ankle.** If you lose your timing chip, we will not be able to record your race time and you will be charged a replacement fee of £50 so make sure it is well secured using the Velcro strap provided. After registering, you will be required to have your number written on both left upper arm & lower leg after which you will need to set up in transition.

Transition area

This will be located in the parking area across the road from the sports centre. Places will be numbered. This area is restricted to competitors only. You will only be allowed access with bike and helmet stickers in place. Your helmet must be roadworthy and have the British Standard Stamp, in accordance with BTF rules. In transition, please be aware of other athletes that may have already started their race.

The swim

As this is a rolling start you are advised to arrive 10 minutes prior to your given time, lining up along poolside in numerical order, you will be directed to the relevant lane. The lap counter will note your number and give you a coloured hat which must be worn and handed back after your swim. The Swim Captain will tell you when to GO. Please swim on your front only, **butterfly and backstroke are not permitted.** Please keep a mental track of your lengths; the lap counters will indicate when you have 2 to go by placing a float or paddle into the water as you approach the wall. Please do not argue with the lap counters. If you have any issues please raise them with the Race Director once the event is over. BTF rules will apply in the swim so please be familiar with the rules www.britishtriathlon.org.uk If you feel a swimmer behind you touching your feet please let them pass at the next turn.

1st Transition – T1

Leave the pool area near the far end and exit through fire doors into transition. You **MUST** put on your helmet **BEFORE** you touch your bike. Torsos must be covered for the bike and run. Please obey the marshal's instructions on exit and entry to the transition area.

No Ear/headphones are permitted- penalty time will be added to your finish time for this offense.

Bike

The bike route can be viewed from http://www.wessexwizards.com/race_info.shtml
The route will be marked by highly visible arrow markings. All junctions where a change of direction is required will be marshaled. The route is two laps, the split will be marked with appropriate signage. The competitor is responsible to take the correct route at the split. There is one set of traffic lights on the route. The signals remain 'live' and anyone jumping a red light will be **disqualified**. There will be signs warning you of these traffic lights & two marshals taking relevant offenders. Please adhere to the Highway Code and BTF rules. Drafting is not allowed. You must remain at least 7 metres away from the bike in front. You have 15 seconds in which to pass and then the other bike must drop back. Mobile and static marshals will be instructed to report any breach of the non-drafting rules.

If you see another athlete with problems, please notify the next marshal location. We will have a collection vehicle to pick up competitors, and bikes who are unable to complete the bike course.

2nd Transition - T2

Entry into T2 will be clearly marked, and marshaled. Ensure you dismount at the dismount line, and rack your bike BEFORE undoing your helmet. Please ensure your number is facing the front for the run.

Run

The run route can be viewed at http://www.wessexwizards.com/race_info.shtml
A drinks station will be available within the first mile of the run, which will have plastic cups of water available. On leaving the drinks station, please try to put cups in bin bags provided.

On the run course direction changes will be marshaled and arrowed. Please be courteous to other road users and pedestrians, and obey the rules of the road. The Finish funnel will be clearly visible next to the Sports Pavilion. On completion of the race, please collect your kit from transition as soon as possible, to allow this secure area to be cleared.

Results

We will endeavor to get finish times out half an hour after the last competitor has completed the race. Full results with splits will be available on <http://www.fullonsport.co.uk>

Prize List

First Male finisher
First Male Junior (U20)
First Male 20-29
First Male 30-39
First Male 40-49
First Male Vet (50+)

First Female finisher
First Female Junior (U20)
First Female 20-29
First Female 30-39
First Female 40-49
First Female Vet (50+)

Tri-Topia Prize Draw - free entry to all competing athletes, the winner must be present at the awards ceremony to collect the prize or another winner will be drawn. A race memento will be given to all finishers.

Charity Donation

Wessex Wizards Triathlon Club will be making a donation from the proceeds of the race to the Dorset & Somerset Air Ambulance Charity.

If you have any questions please get in touch: race@wessexwizards.com

Good Luck with your race.